

2025 Joint Pre-ECTRIMS Course

23 September 2025
Barcelona, Spain

PRELIMINARY PROGRAMME

An educational programme by



European
Charcot
Foundation



Med-Ex Learning
Education & Events



Overview

The Pre-ECTRIMS course is an annual event aimed at providing an update on the main novelties of the year in the field of MS. The 2025 edition will particularly focus on new evidence on immunopathogenetic mechanisms, imaging, and fluid biomarkers that possibly differentiate relapsing-remitting and progressive Multiple Sclerosis. Moreover, the mechanisms of action of upcoming treatments for MS will be discussed in relation to this new evidence. The 'controversies' session will cover the main 'hot topics' that are currently debated, including MS prodromes, progression independent from relapses (PIRA) as a new clinical outcome, the impact of machine learning on the improvement of MS prediction, and new evidence on late onset MS (LOMS). Since 2020, Med-Ex Learning has been providing this course in collaboration with the European Charcot Foundation, and we plan to continue this tradition in 2025 and in the future.



Learning Objectives

- Describing the role of new immunological players in MS development and the mechanism of action of new immunomodulating drugs
- Addressing new treatment challenges in special populations and conditions (pregnancy, elderly...)
- Understanding how to classify disease courses and estimate prognosis in relation to new biomarkers of disease progression



Scientific Organisers

Hans Peter Hartung

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and
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Co-President of the European Charcot
Foundation
Dusseldorf, Germany

Xavier Montalban

Professor of Neurology
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and
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Co-President of the European Charcot
Foundation
Barcelona, Spain



Endorsements

This educational activity has been endorsed by:



Accreditation

This educational activity will be submitted to the EACCME for CME accreditation.



Registration

Registration is free of charge and limited places are available.

For any info please contact alessia.addressi@medexlearning.com



Venue

SB Diagonal Zero Hotel
Plaza Llevant, s/n
08019 Barcelona
Spain



Preliminary Programme

10.00 Welcome & Opening
H.P. Hartung, Germany and X. Montalban, Spain

Session 1: Relapsing remitting and progressive MS – One or Two Diseases?

Chair: H.P. Hartung, Germany

10.15 L1 - What we know about mechanistic aspects
T. Kuhlmann, Germany

10.35 L2 - Imaging biomarkers
A. Rovira, Spain

10.55 L3 - Body fluid biomarkers
J. Kuhle, Switzerland

11.15 Q&A

11.25 *Coffee break*

11.45 L4 - New diagnostic criteria and revision of the classification of courses
A.J. Thompson, UK

12.05 L5 - Optimization of treatments
H.P. Hartung, Germany

12.25 L6 - Future treatment target and perspectives
A. Bar Or, US

12.45 Q&A

13.00 *Lunch*



Session 2: Controversies in MS

Chair: X. Montalban. Spain

- 14.00 L7 - MS prodromes
R. Palladino, Italy
- 14.20 D - PIRA: inflammation or neurodegeneration?
L. Kappos, Switzerland and C. Tur, Spain
- 14.50 L8 - Predicting disability: what's the role of artificial intelligence?
C. Granziera, Switzerland
- 15.10 L9 - Late onset MS: a new clinical entity?
M. Tintorè, Spain
- 15.30 Q&A
- 15.40 L10 - Treatment de-escalation: who, when, why?
X. Montalban, Spain
- 16.00 L11- Pregnancy management in MS: what's new?
S. Vukusic, France
- 16.20 Q&A
- 16.30 Wrap up
X. Montalban, Spain and H.P. Hartung, Germany
- 16.40 End of the day

Legend

L: Lecture - D: Debate - Q&A: Questions and Answers

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