

Group 2 innate lymphoid cells suppress pathology of neuromyelitis optica in mice

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Abstract

Neuromyelitis optica (NMO) is a severe central nervous system (CNS) autoimmune disease that primarily damages the optic nerves and spinal cord. Group 2 innate lymphoid cells (ILC2) are potent producers of type 2 cytokines that orchestrate immune and inflammatory responses. However, the role of ILC2s in CNS autoimmune disease remains unknown. In NMO patients, we identified a significant reduction of circulating ILC2 in peripheral blood. In a mouse model of NMO induced by intracerebral injection of NMO-IgG and human complement, we found infiltration of ILC2 into the CNS lesions. Notably, a large portion of CNS-infiltrating ILC2 express IL-5. Depletion of ILC2 led to increased lesion size, astrocyte injury and the loss of aquaporin-4 in the CNS. The exacerbated NMO pathology was accompanied by increased accumulation of microglia/macrophages in the CNS lesions. In addition, expansion of ILC2 using IL-33 attenuates NMO pathology. Collectively, these findings suggest a beneficial role of ILC2 in NMO. Immune interventions targeting ILC2 deserve further investigation as a viable approach to restrict CNS pathology in NMO patients.